

Christian Nurturing Center ANAPHYLAXIS MANAGEMENT POLICY

The incidence of severe allergic reactions has been rising at an alarming rate, especially with regard to food. The most dangerous symptoms include breathing difficulties and a drop in blood pressure or shock, which are potentially fatal. Protecting a student from exposure to offending allergens is the most important way to prevent life-threatening anaphylaxis. Avoidance of exposure to allergens is the key to preventing a reaction. By following the following steps, we will help to provide a safe environment for all of our students:

1. To provide the safest environment for our children, the Christian Nurturing Center is a “Nut-Free School”. Foods containing peanuts or tree nuts, including traces of nuts or items manufactured in a facility with nuts are **not permitted**. This includes all snack and lunch items. Please follow the list of permissible safe snacks found below when choosing an item to send in on your child’s snack day. In addition, **water** will be the only drink served in the classroom by the staff at snack time, juice will not be allowed. Because manufacturers frequently change ingredients and/or processing facilities and procedures, this permissible snack list will be reviewed frequently and any necessary updates will be communicated to parents. Due to the risk of cross-contamination, homemade baked goods will not be allowed to be served at any time. Exceptions are too difficult to manage safely and therefore will NOT be permitted.
2. All children prior to entering the classroom each morning shall wash their hands using soap and water.
3. **Goody bags are neither required nor encouraged for holidays or special events and must be pre-approved by Director. No food items may be included.**