

## **ANAPHYLAXIS MANAGEMENT POLICY**

The incidence of severe allergic reactions has been rising at an alarming rate, especially with regard to food. The most dangerous symptoms include breathing difficulties and a drop in blood pressure or shock, which are potentially fatal. Protecting a student from exposure to offending allergens is the most important way to prevent life-threatening anaphylaxis. Avoidance of exposure to allergens is the key to preventing a reaction. By following the following steps, we will help to provide a safe environment for all of our students:

1. To provide the safest environment for our children, the Christian Nurturing Center is a “Nut-Free School”. Foods containing peanuts or tree nuts, including traces of nuts or items manufactured in a facility with nuts are **not permitted**. This includes all snack and lunch items. In addition, **water** will be the only drink served in the classroom by the staff at snack time, juice will not be allowed.
2. All children prior to entering the classroom each morning shall wash their hands using soap and water.
3. **Goody bags are not permitted at any time**